

Details for remitting Participation Fee by Online Banking



Name of the account holder to whom the payment is to be made (as appearing in the bank account) Name required	INSTITUTE OF MANAGEMENT TECHNOLOGY, HYDERABAD
Pan Number	AAAAC1953B
Name of the Bank	YES BANK, SOMAJIGUDA, HYDERABAD
Name, Address & Contact details of the branch	YES BANK LTD., MAYANK TOWERS, SURVEY NO 31(OLD), 31/2(NEW) RAJ BHAVAN ROAD, SOMAJIGUDA 500082
Account Number	000694600000012
RTGS/NEFT/IFS code	YESB0000006
Type of account (Savings/Current etc)	SAVINGS ACCOUNT
GST Number	36AAAAC1953B1ZB

Note – while making the online transaction, kindly mention “<Your name> Mindful MDP fee” (Eg: Suresh Mindful MDP fee) in the transaction remarks field

For more information, kindly contact



Dr. Apurva Sanaria

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Institute of
Management Technology
Hyderabad

...Harnessing Knowledge for Businesses

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MINDFUL LEADERSHIP

A 2-DAY PROGRAMME
AUGUST 10 - 11, 2018. MDP ROOM, IMT HYDERABAD



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...Harnessing Knowledge for Businesses



Institute of Management Technology (IMT), consistently ranked among the top ten Indian B-schools, is committed to its vision of providing world-class management education through its academic programs and various intellectual pursuits. IMT has been continuously striving for excellence in teaching, research and industrial training.

The institute has been conducting Management Development and Training Programs for leading private and public sector organizations. These programs are designed and executed to help practicing managers to strengthen their knowledge and skills in functional areas of management and information technology by focusing on the twin objectives of conceptual learning and skill development.

Centre for Leadership Excellence (CLE), is focused on a broad range of activities in the areas of developing, teaching, and researching leadership. CLE enables leadership development for corporate executives through structured interventions. These interventions include Training Programs, Experiential Programs, Certification Programs, and **Long-Term** Partnership Assignments. The implementation of these interventions includes experiential exercises, case studies, and simulations to ensure leadership development. CLE also helps organizations in **designing** the appropriate job experiences as well as individual development plans (IDPs) for their employees to ensure development of leadership skills.

About the Program



Leadership continues to be relevant for world-class organizations, academic researchers, as well as laymen discussions. We have developed an in-depth understanding of leadership based on studies over few thousands of years. Today, there are numerous definitions and diverse approaches to understanding leadership. However, these learnings have largely not translated into application of leadership in workplace.

This program is application oriented program on mindful leadership. This program is designed for leaders who want to achieve success while simultaneously managing the stress levels of self as well as others. It will be very useful for leaders who interact with multiple stakeholders and are continuously under pressure to achieve organizational goals.

Program Objectives:

The programme aims to

- Explaining leadership
- Introduce the concept of mindfulness
- Relevance of mindfulness for leaders
- Impart relevant **knowledge** about **benefits** of mindfulness in organizations.
- Explain daily **exercises** for developing **necessary** skills of participating leaders for behaving mindfully.
- Support **participating** leaders in **preparing** activity plan for improving their mindfulness.

For Whom

This is mindfulness and personal wellbeing focused leadership program. This program will be relevant for all levels of leaders and managers. This program will be particularly useful for senior leaders and managers. It is also open for all functional areas across industry sectors.

Takeaways from the Program:

- **Understanding** mindfulness.
- **Understanding** leadership
- **Appreciating** the relevance of mindfulness for leaders.
- **Understanding** benefits of mindfulness in organizations.
- Practice application of mindfulness.

Certificate

On successful completion of the programme the participants would be awarded a participation certificate.

Registration

Nominations can be mailed to apurva.sanaria@imthyderabad.edu.in indicating participant's brief profile mentioning Name, Organisation, Designation, and Department, age, Qualification, Experience details and the present functional role.

Participation fee and Payment Mode

The registration fee is Rs. 30,000 plus taxes (as applicable) per participant. The fee includes cost of training, course material, stay, and food. Participant fee may be paid on line. (For any other mode of payment - DD/ Cheque may be sent to our mailing address.

Resource Persons:



Prof. (Dr.) Apurva Sanaria is an organization Development (OD) and Training professional. Dr. Sanaria studied at IIM-Ahmedabad and completed his PhD from XLRI-Jamshedpur. Dr. Sanaria is a visiting faculty at reputed institutes including XLRI and TISS. He has more than 17 years of industry experience in reputed business organizations such as Kantar Group, ICICI Group and Future Group. His last corporate stint was as "Group Director – HR & OD" with IMRB International. Dr. Apurva Sanaria has contributed to enhancing the effectiveness of various organizations by providing consulting services including Succession Planning for Leadership Positions, Competency Mapping, Assessment & Development Centers (ADCs), Career Planning & Talent Management, 360 Degree Feedback, and Designing Performance Management Systems (PMS). He has also conducted corporate trainings including Competency Based HRM (CBHRM), Emotional Intelligence (EI), Leadership Skills Development (LSD), and Interviewing Skills for Interviewers (ISI). He has been conducting corporate trainings for Top and Middle management and provided consulting services to reputed corporates for more than a decade and trained more than 10,000 participants across organizations. He has also worked on various projects for non-profit organizations including World Bank and National Kidney Foundation (Singapore).

Prof. (Dr.) Shabnam Priyadarshini completed her B.A. (Psychology Honours) and M.A. (Psychology) from Panjab University, Chandigarh. She later completed her PhD in Psychology from Panjab University, Chandigarh on a UGC Fellowship. She joined Centre for Management Training & Research (CMTR), Mohali in 1999 as Assistant Professor and was subsequently promoted as Associate Professor in 2005. She joined IMT Hyderabad as Assistant Professor in May 2012. She has been taking courses on Organisation Behaviour, I/O Psychology, Business Statistics, Business Research, HR Analytics during her academic endeavour. She has also been taking programs on Business Research Methodology and the use of SPSS. Besides teaching the above mentioned courses, she has guided a number of research dissertations at PG level (MBA) in the area of Marketing and HR. She is also a qualified and accredited test administrator for MBTI, Thomas International PPA - HJA and 16PF.

DATE: AUGUST 10-11, 2018 | TIME : 10:00 AM to 5:00 PM

VENUE : IMT HYDERABAD, INDIA